

Colorado Springs Commission on Aging Minutes

September 5, 2018

3 p.m. – 5 p.m.

Colorado Springs Senior Center, 1514 N. Hancock Ave., 80903

In attendance: Marie Meintz, Sara Vaas, Aubrey Day, Rita Fitzpatrick, Connie Johnson, Carrie Schillinger, Bob Kirkpatrick, Claire Anderson

Excused: Lorri Orwig, CJ Moore, Cleather Marchman

Guests: Rebecca Michael (The Independence Center), Jody Barker (Alzheimer's Association), Mary Swantek (Senior Center), Connie Perry (City of Colorado Springs), Patricia Yeager (The Independence Center)

Staff: Sabrina Cotta

Call to Order 3:01 pm

Welcome & Introductions

Citizen Comment

Rebecca Michael – The Independence Center

Issue Brief on Affordable Housing

Connie Perry – City of Colorado Springs, Parks, Recreation and Cultural Services

Redevelopment of Panorama Park

Meet me in the Park II Community Party – Charette & outreach project with RISE, Community-driven activities

September 22, 3-6 pm, Panorama Park, 4540 Fenton Road, Colorado Springs, CO 80916

Also working on redevelopment of Alamo Park, Acacia Park and Antlers Park

Process will begin with outreach

Patricia Yeager – The Independence Center

Parking issue

Grant to look at parking lots – looked at 108 parking lots, only 2 complied with ADA requirements

Common issues are ramp space, no signage, no accessible spaces

Need more accessible spaces is #1 issue

Discussion: Get in touch with paving companies -share information on ADA requirements

Action: Sabrina will do some research into this

Election for Officers 2018-2019

Discussion:

Nominations:

Lorri Orwig and Aubrey Day, Chair
Connie Johnson, Vice-Chair
Claire Anderson, Secretary

Thank you Bob Kirkpatrick for your service as Vice-Chair
Commissioners can have no more than three unexcused absences

Action:

Aubrey recused herself from the vote

Officers for 2018-2019

Aubrey Day, Chair
Connie Johnson, Vice-Chair
Claire Anderson, Secretary

Jody Barker, Alzheimer's Association

Discussion:

3 tenets of Alzheimers Association

1. Community awareness of the disease
2. Research
3. Help and support

New Assisted Living rules in Colorado – Alzheimer's Association created Dementia Care Practice Recommendations – how they can support organizations that are now faced with these changes
Access to information – access to training – no cost to the community
24/7 Helpline for basic Alzheimer's classes to family member caregiver in need of immediate help
Alz Assoc is largest nonprofit in US that funds research – 3rd behind Govts of US and China in terms of research funding
alz.org OR training.alz.org
Trial Match – sign up for trials
Best Practices in Dementia Care group - 3rd Thursday at AAA
Healthy lifestyle is best prevention
71,000 people in Colorado have Alzheimer's

Action:

Dementia Friendly Initiative – policy examples to think about

http://www.dementiafriendlysaskatchewan.ca/assets/dfc_municipal_toolkit_web.pdf
<http://www.dfamerica.org/>

Mary Swantek, Senior Center

Discussion:

Founded in 1986

Serves those 55 and older

Building owned by the city, run by the YMCA of the Pikes Peak Region

The Colorado Springs Senior Center is now a nonprofit and can be creative about gathering funding

Action:

Help find funding sources

What else can we do when we have one senior center for a city of half a million people

Can we build additional uses in this space to subsidize the building – think outside the box

Social impact business?

Member Matters/Announcements

Consider changing meeting location to Senior Center?

Senior Resource Council next meeting -October 17th, 8:00- 9:30 at Village at Skyline – State Demographer

Douglas County Counterpart – will be here at our October meeting

October is City Budget Hearings – last year zero people attended – we can reinforce our recommendations by attending

Next meeting:

Parking/ADA

Douglas County Commission on Aging

Next Meeting: Wednesday, October 3, 2018, 3:00 – 5:00 pm at Colorado Springs Senior Center, 1514 N. Hancock Ave., 80903

Adjourn 4:52 pm