

TRP

Therapeutic Recreation Program Winter/Spring 2016



ARTS AND CULTURE

TRP OFFICE

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Colorado Springs, CO 80909

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TRP VIDEO HERE

coloradosprings.gov/tr

LIKE US



MIXED EMOTIONS DANCE TROUPE

Learn and practice dance steps and creative movement to many types of music! Increase self-confidence and poise by performing in public as a member of the Mixed Emotions Dance Troupe.

Colorado Springs Senior Center
1514 N. Hancock Ave.
Tuesdays/Thursdays; January 5-May 5
3:30-4:30 p.m.; #7189
Limit: 12 (max.), 10 (min.)
Fee: \$120

Notes: There is no class on Tuesday, March 1 due to a schedule conflict. The Mixed Emotions Dance Troupe will conduct its annual Spring Performance on Thursday, May 5 at 7:00 p.m. at the Colorado Springs Senior Center. Please note there will be no practice on that date.

HEALTHY COOKING

This cooking class is sure to be an adventure for your senses! Learn to prepare fun, nutritious meals and snacks. This class will teach you the basics of making any meal healthy while introducing you to new ingredients. Healthy can taste fabulous!

Hillside Community Center
925 S. Institute
Thursdays; January 7, 14, February 4, 11,
March 3, 10
9:30-11:30 a.m.; #7190
Limit: 10 (max.), 8 (min.)
Fee: \$60

NEW PHOTOGRAPHY 101

Are you interested in learning the basics of photography? Join this 5 week class where we will focus on the following subjects: people, things, action, shapes and colors. The last class date will be at an off-site location, weather permitting.

Colorado Springs Senior Center
1514 N. Hancock Ave.
Tuesdays; March 8-April 5
1:30-3:00 p.m.; #7191
Limit: 10 (max.), 8 (min.)
Fee: \$25

Notes: Bring your own camera, if possible. If you do not have access to a camera please notify TRP staff as cameras to borrow are available on a limited basis.

DRUMS ALIVE®!

Drums Alive® is unique and different from every other workout you've tried before; it captures the essence of movement, rhythm and combines it with fun that delivers results. The class joins the dynamic movements of aerobic dance with the pulsating rhythms of the drum. This program is designed to give the mind and body instant feedback through continuous movement and rhythmical flow. Come grab some drumsticks and an exercise ball as we drum for some fun in Drums Alive®!

Colorado Springs Senior Center
1514 N. Hancock Ave.
Wednesdays; April 13-May 4
3:30-4:30 p.m.; #7192
Limit: 10 (max.), 8 (min.)
Fee: \$20

INCLEMENT WEATHER POLICY

Safety of participants, parents/guardians, staff, and volunteers is key.

During the school year, TRP will follow School District 11's policy concerning inclement weather.

If School District 11 closes,
then all TRP programs are canceled for the day.
For school delays or early dismissals, call (719) 385-6958 to listen to a message updated by 8 a.m. regarding possible cancellations and/or closures related to weather.



Winter Registration begins Monday, December 7

SOCIAL ENRICHMENT

OUT ON THE TOWN DANCES

Come and socialize with old friends and new while you dance the night away. Dressing according to the theme is encouraged, but not required. **Please do not arrive before 6:30 p.m.**

Colorado Springs Senior Center, 1514 N. Hancock Ave.
7:00-9:00 p.m.

- January 15 Roaring 20's Jazz and Blues!; #7193
- February 19 Rockin' 50's Jukebox Jam!; #7194
- March 18 Groovy 60's Hippie Bash!; #7195
- April 15 Saturday Night Fever 70's Party!; #7196
- May 20 Totally Rad 80's Blowout!; #7197

Limit: 120 (max.), 80 (min.)
Fee: \$5/night

NEW TEENS ONLY (AGES 13-18)

DINNER AND A MOVIE

Join your friends for a night of laughter and fun while we prepare a meal and enjoy a movie! This program is designed to give teens an opportunity to socialize with their peers.

Colorado Springs Senior Center, 1514 N. Hancock Ave.
6:00-8:30 p.m.

- Friday, March 11; #7199
- Friday, April 8; #7200

Limit: 10 (max.), 8 (min.)
Fee: \$10/date

COMMUNITY INTEGRATION and LEISURE EDUCATION

C.O.S. CLUB - Creating Opportunities for Service

The C.O.S Club is all about coming together to help people in need and having fun while doing it! Whether it is packaging a meal, cleaning a park, or covering up graffiti we will get the job done. Club meets first two Fridays of the month, except for January.

Colorado Springs Senior Center, 1514 N. Hancock Ave.
Fridays; January 8; February 5, 12; March 4, 11; April 1, 8; May 6, 13
1:30-4:00 p.m.; #7201
Limit: 10 (max.) 8 (min.)
Fee: \$74

OUTDOOR ADVENTURES

*Online registration is **NOT** available for these activities; drop-off or mail-in only.*

CROSS-COUNTRY SKIING/SNOW-SHOEING

Picture yourself silently gliding on a cross-country trail or creating the first set of snowshoe tracks in fresh powder as you trek through the peaceful woods of the Frisco Nordic Center in the mountains near Breckenridge. Breckenridge Outdoor Education Center (BOEC) instructors will be on hand to assist participants at all levels of ability.

Depart from the Colorado Springs Senior Center 1514 N. Hancock Ave.
Tuesday, January 26; #7206
Limit: 8 (max.), 6 (min.)
Fee: \$68

Notes: This trip is from 7:00 a.m.-6:00 p.m. Bring a sack lunch. This is a strenuous activity and is only recommended for individuals that are in good physical condition. BOEC forms will be available upon registration.

DOWNHILL SKIING (SITTING OR STANDING) AGES 12 AND OLDER

Experience the hills and thrills of downhill skiing on the slopes of Summit County! The nationally recognized Breckenridge Outdoor Education Center (BOEC) provides individualized instruction targeted to all levels and abilities. Their trained personnel and adapted equipment make this a special experience.

Depart from the Colorado Springs Senior Center 1514 N. Hancock Ave.

- **Tuesday, February 2; #7207**
For veterans and persons with physical disabilities
- **Tuesday, February 16; #7208**
For individuals with intellectual/developmental disabilities

Limit: 8 (max.), 6 (min.)
Fee: \$88

Notes: This trip is from 7:00 a.m.-6:00 p.m. Bring a sack lunch. BOEC forms will be available upon registration.

DOG-SLEDDING

Always a popular trip, this exciting one-hour tour is designed to give each person the opportunity to ride on a dogsled and on a sleigh pulled by a snowmobile.

Depart from the Colorado Springs Senior Center 1514 N. Hancock Ave.
Tuesday, March 1; #7209
Limit: 16 (max.), 13 (min.)
Fee: \$48

Notes: This trip is from 7:30 a.m.-5:30 p.m. Bring money for lunch at a Breckenridge restaurant. Participants must have the ability to sit and hold on independently. Please dress warmly as the activity takes place at an elevation between 9,000-10,000 feet. A liability release form must be signed prior to the activity.

DAYTIME JAUNTS FOR ADULTS AGES 18 AND OLDER

All trips depart from the Colorado Springs Senior Center, 1514 N. Hancock Ave. unless noted.

All trips are limited to four wheelchairs.

Online registration is **NOT** available for these activities; drop-off or mail-in only.

TUBING AT FRISCO ADVENTURE PARK

Join us at Frisco Adventure Park where adults can be kids again! The hill features lengthy 1200-foot tubing lanes with lift service up the hill. We have expanded our tubing time so that you can enjoy two hours of tubing fun with lunch on site. A separate liability waiver will be required to participate.

Tuesday, January 12; #7202

Limit: 12 (max.), 10 (min.)

Fee: \$55

Notes: This jaunt is from 7:30 a.m.-5:00 p.m. Please dress warm with hat, gloves, heavy jacket, and waterproof footwear. Bring a sack lunch and beverage as lunch options on site are limited.

COLORADO COLLEGE HOCKEY GAME

Spend the evening at the World Arena cheering for the CC Tigers as they play St. Cloud State! Don't forget to wear your black and gold.

Friday, March 4; #7203

Limit: 12 (max.), 10 (min.)

Fee: \$29 (includes game ticket)

Notes: This jaunt is from 6:00-10:15 p.m. Please bring money for dinner/concessions at the World Arena.

COORS FIELD TOUR

Tours of Coors Field provide a behind-the-scenes look at one of the premier ballparks in Major League Baseball. The 76 acre field is located in Denver's lower downtown/Ballpark Neighborhood and fans sitting in the first-base and right-field areas are treated to a spectacular view of the Rocky Mountains. Find out why every year since it opened in 1995, Coors Field has been a league leader in attendance.

Tuesday, April 12; #7204

Limit: 12 (max.), 8 (min.)

Fee: \$28

Notes: This jaunt is from 9:00 a.m.-4:00 p.m. Please wear appropriate footwear for walking. Bring money for lunch at a restaurant in Denver as well as money for the gift shop, if desired.

CELESTIAL SEASONING AND LEANIN'TREE FACTORY TOURS

Invigorate your senses! Start the day with a tour of the Celestial Seasonings Tea Factory in the morning where you will see for yourself how wholesome products are blended, packaged and shipped. Enjoy lunch on site at the Celestial Café and then travel across the street to the Leanin'Tree Museum and experience a tour of the Greeting Card Plant. Watch as flat sheets of blank paper are transformed into beautiful, full-color cards!

Tuesday, May 10; #7205

Limit: 12 (max.), 8 (min.)

Fee: \$20

Notes: This jaunt is from 8:30 a.m.-5:00 p.m. Please wear appropriate footwear for walking during both tours. Bring money for lunch at the Celestial Café as well as additional money for gift shops, if desired.



Winter Registration begins Monday, December 7

SPORTS, FITNESS & AQUATICS

FOR ADULTS WITH INTELLECTUAL/DEVELOPMENTAL DISABILITIES

YOGA

Join us for an integrative approach to wellness while enjoying movement, physical stimulation, and awareness relaxation techniques. Class will focus on introductory yoga poses, total body stretches, relaxation, and aromatherapy elements.

Colorado Springs Senior Center, 1514 N. Hancock Ave.
Wednesdays; 4:15-5:00 p.m.

- Session 1: January 20-February 24; #7210
- Session 2: March 2-April 6; #7211

Limit: 10 (max.), 8 (min.)
Fee: \$25/session

Notes: Sessions are six week series; please plan to attend each class. Wear comfortable workout clothes and bring a water bottle. Exercise mats are provided or you may bring your own.

INNER TUBE WATER POLO

Join us in the pool for a fun way to play water polo without swimming! Participants will learn basic rules of play, how to move in a tube, and have opportunities to scrimmage each other. Participants do not need to know how to swim in order to participate, but must be comfortable in the water. Equipment is provided.

Memorial Park Swimming Pool, 280 S. Union Blvd.
Mondays; February 1-March 14
2:30-3:30 p.m.; #7212
Limit: 12 (max.); 10 (min.)
Fee: \$25

Note: No class on February 15 due to City holiday.

NEW SNORKELING SERIES

Snorkeling is a great way to see amazing things while having the comfort of the surface with you at all times. Whether you've never been before and you want to learn the proper way to snorkel, or you've been a number of times and you want to learn how to dive with your snorkel, join us at Underwater Connection for this 2-week series.

Meet at Underwater Connection, 4940 Rusina Rd.
Mondays/Wednesdays; May 9, 11, 16, 18
1:00-2:00 p.m.; #7234
Limit: 8 (max.), 6 (min.)
Fees: \$20; **bring \$25 per date or \$100 for the full 2-week series to be paid directly to Underwater Connection**

Note: Please note that additional Underwater Connection paperwork will be provided after registration.

NEW SPECIAL OLYMPICS BASKETBALL

The TRP has partnered up with Special Olympics Colorado to offer an 8-week basketball program focusing on skill development as well as league play to help you prepare for the regional tournaments.

All athletes are required to register individually through the TRP. Coaches will submit a team roster for existing teams. If you are new and need to be placed on a team, please indicate on the registration form and you will be contacted.

Location: TBA
January 19-March 11; #7213
Time: TBA
Fee: \$30/player

CYCLING

The TRP is again partnering with local bike specialist, Cycle Different, to offer an opportunity for participants to try a variety of adaptive cycles on a short trail ride. Cycles and helmets are provided.

Criterion Bike Trail (*in Memorial Park*)
Monday, May 23
• Session 1: 12:00-1:30 p.m.; #7214
• Session 2: 1:30-3:00 p.m.; #7215
Limit: 4 (max.); 2 (min.)
Fee: \$5

Note: Meet at the Criterion bike trail across from the velodrome in Memorial Park.

FIT CLUB

Let's Get Movin'! Join us each week for an exciting and different fitness experience. We will be learning to use hand weights, fitness bands, and fitness balls just to name a few. Get a full body workout in great new ways!

Colorado Springs Senior Center, 1514 N. Hancock Ave.
Mondays; March 21-April 25
3:00-3:45 p.m.; #7216
Limit: 10 (max.); 6 (min.)
Fee: \$25

Note: Please wear comfortable clothing, tennis shoes, and bring a bottle of water to class.



SPORTS, FITNESS & AQUATICS

FOR ADULTS WITH PHYSICAL DISABILITIES

Classes in this and the Paralympic Sport section are specifically designed for individuals with physical disabilities, e.g., stroke, spinal cord injury, multiple sclerosis, brain injury, etc.

AQUA-REHAB

Challenge yourself to a stretching and strengthening water workout three times a week. Activities will be geared to gradually improve stamina, increase flexibility, and strengthen muscles. The class will be adapted to the ability level of the participants, but may include water walking and deeper-water aerobic workouts.

Memorial Park Swimming Pool, 280 S. Union Blvd.
Mondays/Wednesdays/Fridays; 10:00-11:00 a.m.

- January 4-29; #7217
- February 1-March 4; #7218
- March 7-April 1; #7219
- April 4-29; #7220
- May 2-27; #7221

Limit: 18 (max.), 12 (min.)

Fee: \$40/session

Notes: Participants must have a current year physician prescription. No program on January 18 and February 15 due to City holidays.

YOGA

Join us for an integrative approach to wellness while enjoying movement, physical stimulation, and awareness relaxation techniques. Class will focus on introductory yoga poses, total body stretches, and aromatherapy elements. Exercises can be performed sitting, standing, in a wheelchair, or on the floor. Staff assistance for transferring is available, if desired.

Colorado Springs Senior Center, 1514 N. Hancock Ave.
Wednesdays; 3:15-4:00 p.m.

- Session 1- January 20-February 24; #7222
- Session 2- March 2-April 6; #7223

Limit: 10 (max.), 8 (min.)

Fee: \$25/session

Notes: Sessions are six week series; please plan to attend each class. Wear comfortable workout clothes and bring a water bottle. Exercise mats are provided or you may bring your own.

THERAPEUTIC RECREATION PROGRAM

POLICIES

It is the goal of the Therapeutic Recreation Program

to provide a positive, safe, and fun recreation experience for all individuals.

To provide you with the best possible experience, we have developed the following policies:

1

Appropriate social behavior is stressed during all programs. The staff and volunteers will do their best to ensure each participant's success in the programs. If a participant's behavior is detrimental to the group or self (kicking, biting, hitting, self-abusing, refusal to stay with the group, etc.), a parent or guardian will be called to pick up the participant immediately. Please call the TRP Office if you have any questions.

2

Please note specific trip arrival and departure times. All trips will wait a maximum of 15 minutes before departing. Upon return, all participants must be picked up within 15 minutes. If you know you will be late, call the cell phone at (719) 651-7704. Please be considerate of the group.

3

Note that each program activity has a list of maximum and minimum numbers for enrollment. If the maximum numbers have been reached, a wait list will be initiated and those individuals will be contacted when there is an opening. If the minimum numbers are not reached, the class will be canceled.

4

Because we attempt to accommodate as many people as possible, if you cannot participate in a scheduled program, please call to cancel as soon as possible so we can contact the participants on the wait list. Your consideration is appreciated.

Winter Registration begins Monday, December 7

PARALYMPIC ACTIVITIES

BOCCIA

This specialized sport of dedication and precision is open to youth and adults ages 6 and older with cerebral palsy, brain injury, muscular dystrophy, stroke and multiple sclerosis. There will be opportunity for match play and in-house competition. Due to popular demand, two sessions will be offered. Sign up for one or both sessions!

Colorado Springs Senior Center, 1514 N. Hancock Ave.
Tuesdays; 3:30-4:30 p.m.

- Session 1: January 12-March 8; **#7224**
- Session 2: March 15-May 3; **#7225**

Limit: 6 (max.), 4 (min.)
Fee: \$36

Note: No class on March 1 due to TRP dogsledding trip.

BOCCIA TOURNAMENT

Join us for the Colorado Front Range Boccia Tournament! The tournament will provide an opportunity for participants to demonstrate the skills developed during the regular season. The tournament is open to youth and adults ages 6 and older with cerebral palsy, brain injury, muscular dystrophy, stroke and multiple sclerosis.

Colorado Springs Senior Center, 1514 N. Hancock Ave.
Tuesday; May 10

3:00-5:00 p.m.; **#7226**

Limit: 10 (max.), 6 (min.)
Fee: \$10

ADAPTIVE CYCLING RIDES

The TR Program is again partnering with local bike specialist, Cycle Different - ANGLETECH to host weekend cycling rides on the area bike trail system for individuals with a physical disability. Please bring your own cycle if you have one. If you need a bike, Cycle Different - ANGLETECH will have cycles available for sign-out prior to each date, including recumbent trikes, handcycles, and upright bikes.

Pre-registration is required for each single ride date below.

Beginner or veteran riders are welcome!

1483 Garden of the Gods Rd.

Saturdays; 1:00-3:30 p.m.

- April 9; **#7227**
- April 23; **#7228**

Saturdays; 9:00 a.m.-1:00 p.m.

- May 7; **#7229**
- May 21; **#7230**

Limit: 12 (max.), 9 (min.)
Fee: \$ 9/date

WHEELCHAIR BASKETBALL

Interested in learning to play wheelchair basketball? Join us this season on select dates for wheelchair basketball skills sessions. Sessions are open to youth and adults with a physical disability ages 10 and older who are able to move independently in a wheelchair; you do not have to be a wheelchair user to participate.

Panorama Middle School, 2145 S. Chelton Rd.
Thursdays; March 3, 10, April 7, 14, May 12, 19

6:30-8:00 p.m.; **#7231**

Limit: 8 (max.), 4 (min.)
Fee: \$25

Note: A limited number of sport chairs are available; if you have your own chair, please bring it with you.

INDOOR SHOOTING

This program will introduce participants to the competitive sport of shooting at the indoor range of the Olympic Training Center. Participants will learn the basics of air rifle and air pistol use, proper shooting form, scoring, and opportunities for in-house competitions. Coaches from USA Shooting and the National Training Center Shooting Club will be on hand to provide instruction. Equipment will be provided.

Olympic Training Center Shooting Range (lower range)

1 Olympic Plaza

Wednesdays; March 2-23

7:00-9:00 p.m.; **#7232**

Limit: 8 (max.), 6 (min.)
Fee: \$75

Note: Fee includes a one-year membership to USA Shooting and the National Training Center Shooting Club.

ARCHERY

This four week program will be conducted at Razor Edge Archery. It will provide the opportunity for individuals with physical disabilities to expand their archery skills as well as physical health, focus, and attention skills. Beginner and experienced archers are welcome to participate.

Razor Edge Archery, 2360 Montebello Square Dr.

Wednesdays; February 10-March 2

1:00-3:00 p.m.; **#7233**

Limit: 8 (max.), 4 (min.)
Fee: \$60

Note: Equipment will be provided, however if you have your own bow please bring it with you.



Winter Registration begins Monday, December 7

COLORADO SPRINGS

REGISTRATION FORM

Participant Name: _____ Age: _____ Birthdate: _____ Gender: Male Female
 Address: _____ City: _____ Zip: _____
 Primary Phone: _____ Other Phone: _____ Email: _____
 Active Military: _____ Veteran: _____ Disability: _____
 Parent/Guardian Name: _____
 Type of Living Situation (choose one): Family Independent Living Group Home Supervised Apt. Other
 Emergency Contact/Relationship: _____ Phone: _____
 List Medications: _____ Does participant need supervision/assistance with taking medications? Yes No
 Diet Restrictions (list): _____
 Check those that apply: Asthma Diabetes Tube Feeding Allergies (type: _____) Epi Pen required: Yes No
 Is the participant subject to seizures? Yes No Type: _____ Frequency: _____

Special Olympics Basketball: Team Name: _____ **OR** **New Athlete**
 Assistive equipment and/or physical restrictions: _____
 Other pertinent information in regards to safety and behavioral concerns: _____
 Other information that may enhance the quality and safety of recreation participation: _____

✓	Activity Name	#	Fee
ARTS & CULTURE			
	Mixed Emotions Dance Troupe	7189	\$120
	Healthy Cooking	7190	\$60
	Photography 101	7191	\$25
	Drums Alive®	7192	\$20

✓	Activity Name	#	Fee
SOCIAL ENRICHMENT			
	Out on Town Dance: Jan. 15	7193	\$5
	Out on Town Dance: Feb. 19	7194	\$5
	Out on Town Dance: Mar. 18	7915	\$5
	Out on Town Dance: Apr. 15	7196	\$5
	Out on Town Dance: May 20	7197	\$5
	Teens: Dinner & Movie: Mar.11	7199	\$10
	Teens: Dinner & Movie: Apr. 8	7200	\$10

✓	Activity Name	#	Fee
COMMUNITY INTEGRATION/LEISURE EDUCATION			
	C.O.S. Club	7201	\$74

✓	Activity Name	#	Fee
OUTDOOR ADVENTURES			
	Cross Country Skiing/Snow Shoeing	7206	\$68
	Downhill Skiing (Sit/Stand) <i>Veterans/Physical Disabilities</i>	7207	\$88
	Downhill Skiing (Sit/Stand) <i>Intellectual/Developmental Disabilities</i>	7208	\$88
	Dog Sledding	7209	\$48

✓	Activity Name	#	Fee
SPORTS, FITNESS & AQUATICS Intellectual/Developmental Disabilities			
	Yoga: Jan. 20-Feb. 24	7210	\$25
	Yoga: Mar. 2-Apr. 6	7211	\$25
	Inner Tube Water Polo	7212	\$25
	Snorkeling Series <i>+ \$ to Underwater Connection</i>	7234	\$20
	Special Olympics Basketball	7213	\$30
	Cycling: Noon-1:30 p.m.	7214	\$5
	Cycling: 1:30-300 p.m.	7215	\$5
	FIT Club	7216	\$25

✓	Activity Name	#	Fee
DAYTIME JAUNTS			
	Tubing at Frisco	7202	\$55
	CC Hockey Game	7203	\$29
	Coors Field Tour	7204	\$28
	Celestial/Leaning Tree Tour	7205	\$20

✓	Activity Name	#	Fee
SPORTS, FITNESS & AQUATICS Physical Disabilities			
	Aqua-Rehab: Jan. 4-29	7217	\$40
	Aqua-Rehab: Feb. 1-Mar. 4	7218	\$40
	Aqua-Rehab: Mar. 7-Apr. 1	7219	\$40
	Aqua-Rehab: Apr. 4-29	7220	\$40
	Aqua-Rehab: May 2-27	7221	\$40
	Yoga: Jan. 20-Feb. 24	7222	\$25
	Yoga: Mar. 2-Apr. 6	7223	\$25
	Boccia: Jan. 12-Mar. 8	7224	\$36
	Boccia: Mar. 15-May 3	7225	\$36
	Boccia Tournament	7226	\$10
	Adaptive Cycling: Apr. 9	7227	\$9
	Adaptive Cycling: Apr. 23	7228	\$9
	Adaptive Cycling: May 7	7229	\$9
	Adaptive Cycling: May 21	7230	\$9
	Wheelchair Basketball	7231	\$25
	Indoor Shooting	7232	\$75
	Archery	7233	\$60

Yes No I hereby give permission for photographs, stories and recordings of myself and/or my child to be used for educational or promotional purposes for PRCS.
 Yes No Registrant has authorization to ride the PRCS buses for TR field trips.
 Yes No **CONSENT TO CONTACT AND RELEASE INFORMATION:** I grant permission to the TRP contact school, teacher, physician, employer and/or provider for the purpose of gathering or releasing information regarding the participant. The information will be used to implement the most effective plan in providing therapeutic recreation and inclusion services. All information will be kept confidential.

WAIVER OF LIABILITY AND RELEASE OF ALL CLAIMS: Please read this form carefully and be aware in registering yourself or your minor child/ward for participation in the City of Colorado Springs Therapeutic Recreation Program, you will be waiving and releasing all claims for injuries you or your minor child/ward might sustain arising out of said program(s). I recognize and acknowledge that there are certain risks of physical injury to participants in a program, and I agree to assume the full risk of any injuries, damages or loss regardless of severity which I or my minor child/ward may sustain as a result of participating in any and all activities connected with or associated with such program. I agree to waive and relinquish all claims I or my child/ward may have as a result of participating in the program against the City of Colorado Springs Therapeutic Recreation Program and its officers, agents, servants, and employees. I do hereby fully release and discharge the City of Colorado Springs Therapeutic Recreation Program and its officers, agents, servants, and employees from any and all claims from injuries, damage, or loss which I or my minor child/ward may have or which may accrue to me or my minor child/ward and arising out of, connected with, or in any way associated with the activities of the program. I further agree to indemnify and hold harmless and defend the City of Colorado Springs Therapeutic Recreation Program and its officers, agents, servants, and employees from any and all claims resulting from injuries, damages, and losses sustained by me or my minor child/ward arising out of, connected with, or in any way associated with the activities of the program. In the event of any emergency, I authorize the City of Colorado Springs Therapeutic Recreation Program to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for me or my minor child/ward's immediate care and agree that I will be responsible for payment of any and all medical services rendered. I have read and fully understand the Program Details, Waiver and Release of All Claims and Permission to Secure Treatment.

PLEASE SIGN. EACH REGISTRATION FORM MUST BE SIGNED.

Participant/Parent/Guardian: _____ Date: _____

REGISTRATION INFORMATION

HOW TO REGISTER

Complete the information for each class on the Therapeutic Recreation Program Registration Form.

WHERE TO REGISTER

Mail your registration form to or register in-person at:

Therapeutic Recreation Program
1315 East Pikes Peak Avenue
Colorado Springs, CO 80909

WHEN TO REGISTER

Monday, December 7, 2015

8:00 a.m.-5:00 p.m.

All mail-in and drop-off registrations will be placed in a box. At the end of each day, registrations will be randomly drawn until the classes are filled or all registrations are drawn.

A receipt will be sent to you by email or in the mail to confirm your enrollment in the class.

PAYMENT

To reserve a spot in the program, one-half of each class fee must accompany the registration form. **Payment-in-full must be made by the first day of class.**

ADJUSTED FEES

Payment Plans and Adjusted Fees are available for classes exceeding a registration cost of \$25. Trip fees do not qualify. Please contact the TRP Supervisor for additional information.

CANCELLATIONS

If a class is canceled due to lack of registration, you will be notified and may choose to:

- enroll in another activity
- obtain credit toward other activities
- receive a full refund

REFUND POLICY

A refund or credit for classes/activities will not be issued once registration has occurred. If withdrawal from the class/activity is for a medical reason or due to a move from the Pikes Peak region, a pro-rated credit or refund will be issued from the start date up to the mid-point of the class/activity. No refund or credit will be issued after 50% of the class/activity has been completed.

A full refund or credit will be issued if Parks, Recreation & Cultural Services cancels a class/activity. When requesting a refund, please specify refund check or credit to your account. Allow 2 weeks for a refund check.



parks · recreation · cultural services

**THERAPEUTIC RECREATION
PROGRAM**

coloradosprings.gov/TR